

AMWAJ *islander*

ISSUE 136
FEBRUARY 2022

Letter from the Editor

Dear Islanders,

This year is off to a good start with exciting news and updates - all of which can be found inside this issue!

A new outlet, Lizze's Aspen Spa, which you can see as you drive into Amwaj, has recently opened its doors. Go to page 3 to check out all their great offers.

For those of you who are Indian cuisine lovers, you need to try Copper Leaf Restaurant, which is now open in The ART Hotel & Resort. With both a restaurant and lounge area, its food and ambience are sure to delight the sense. Turn to page 4 to find out more.

This month we celebrate love, with a variety of offers and events on the 14th as well as the rest of the month. February's events and offers can be found on page 5 inside this issue.

On a final note, we would like to remind our dear residents to follow the AIA Instagram page - @amwajassociation and the Amwaj Islands Instagram @amwaj_islands for up-to-date information as it becomes available.

Sincerely,

The Amwaj Team

WANT TO BE FEATURED IN
OUR MEET YOUR
NEIGHBORS
SECTION?



EMAIL
NEWSLETTER@AMWAJ.BH

Follow us on social media
for up-to-date news, updates
and special offers around
the Islands.



@Amwaj Islands



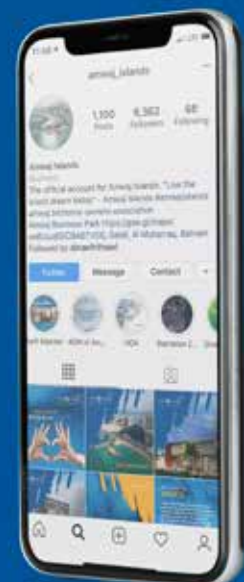
@Amwaj_Islands



@AmwajIslands



@Amwajassociation



Lizze's Aspen Spa

Lizze's Aspen Spa is located in the Amwaj Village opposite Al Osra Supermarket, in the serene settings of Amwaj Islands, Bahrain. The brand has a 25-year-old legacy attributed to the founder, Elizabeth Kumar, or Lizze, as she is affectionately known by clients and friends.

Lizze holds a Sassoon Diploma from the globally acclaimed Vidal Sassoon in London and qualified as a hair professional in 1997. She has established and operated multiple salons and spas in Mumbai, Pune and Goa such as the JW Marriott (Mumbai), Hyatt Regency (Mumbai), Sheraton Grand (Pune) and E-Square (Pune) under the aegis of Lizze's Hairdressers and Beauticians and Lizze's Aspen Spa.

The team comprises hairdressers, beauticians and spa therapists, handpicked by Lizze, to ensure a superlative, rejuvenating experience.



The name is an ode to the medicinal Aspen tree, which is traditionally used to make medicine to reduce inflammation. Additionally, the Greek name of the same tree, 'Aspis' translates to shield, which was



incidentally also among its many uses.

Lizze's Aspen Spa channels the healing and protective attributes of the ancient Aspen tree and with this ethos perception, Lizze's Aspen Spa hope to help you unwind and rejuvenate your body, mind and spirit.

The spa features a bouquet of hair care services, salon essentials and spa indulgences, all under one roof.

Hair styling and colour, hair spa, manicures and pedicures, face treatments, facials, body treatments and wraps, make-up and henna, bridal packages and massage therapies are just some of the services offered with a five-star experience that will have you going back for more!



Lizze's Aspen Spa is open daily from 10am-10pm.

For enquiries and appointments please call/ Whatsapp 39111914.

You can also follow follow their Facebook and Instagram

@lizzesaspenSPA for updated offers and promotions.

February offer:

Buy 2 and get 1 free

Copper Leaf Restaurant

The Copper Leaf Restaurant is located in The ART Hotel & Resort, and is all about celebrating delicious North Indian Mughlai cuisine and handcrafted drinks. Enjoy a bounty of flavours and delightful moments with family and friends in a very relaxing, fine-dining ambiance, with amazing views of the beach and Amwaj Marina.

The Copper Leaf brand's promise is to serve fresh and authentic Indian food of the highest quality, without compromising on quality, products, ingredients and flavours. Each curry is made from scratch; each grill is marinated for multiple hours before making it onto each plate; the biryani rice is individually layered with the best basmati rice, and each piece of bread is hand-made.



All the signature dishes are prepared with Copper Leaf's original secret spice mixes and cooking techniques; central to this process are the 'Ustads' or master chefs of Copper Leaf. These chefs are trained and have gained in-depth knowledge of ingredients, cooking styles and recipes specific to the North Indian Mughlai cuisine, their passion finds its way on to every plate that leaves our kitchens.

The entire food menu features a wide selection of vegetarian and non-vegetarian options.

Copper Leaf has a perfect lounge venue for the unending possibilities of iconic drinks that are served by our favourite mixologist, who crafts the perfect drinks using only the finest and freshest ingredients. Guests can enjoy the best deals on



their favourite beverages during our Happy Hour from 12pm-12am every day.

Every Thursday night, guests can enjoy their favourite curries, grills and biryanis while listening to live music featuring Roderick.

This month ladies can enjoy two free house beverages every Wednesday. Whereas NSA US Military, Gulf Air cabin crew, and Citibank cardholders can all enjoy 20% off lunch and dinner menus every day!

Stay posted with their social media accounts on Facebook and Instagram **@copperleafrestaurant** for up-to-date offers and promotions every month.



**The restaurant is open daily for
lunch from 12-3pm,
6pm-12am for dinner.**

**For table reservations or
more information, please call
16031263.**

February 2022

14

VALENTINE'S DAY SPECIAL AT YA HALA ROOFTOP LOUNGE. Celebrate romance at our open air roof-top lounge, let the live band allure you through the tunes of love while you enjoy a moonlight dinner with a 5 course set menu including bubbly, 7.30pm-11pm. BD 52 net per couple, *early bird offer* book before February 10th and get 20% off. **Book your table now, call us on: +973 13600111 or email: fnb@ramada-manama-amwaj.com**

14

LOVE IS IN THE AIR AT WU RESTAURANT & LOUNGE. WU Restaurant & Lounge invites you to a dreamy dinner atmosphere overlooking Amwaj Islands beach. Delight in the finest international set menu, welcome drink and enjoy a live Violin performance along with romantic tracks by DJ Ellena to complete your romantic night, 7pm-1am. BD48 net per couple, BD58 net inclusive of alcoholic beverages. **For bookings, contact fb.art@theart.bh or 33808288.**

14

AMORE MIO AT ROSSO RESTAURANT & TERRACE. What feels more romantic than an Italian candle-lit dinner with your sweetheart? Enjoy a Valentine's Day dinner set menu filled with delectable Italian dishes to share, along with live musical entertainment by our in-house band The Angels, 7-11pm. BD44 net per couple, BD54 net inclusive of alcoholic beverages. **For bookings, contact fb.art@theart.bh or 16000111.**

14

BE MY VALENTINE AT CHOICES RESTAURANT & TERRACE. Treat your loved ones to a memorable Valentine's Day dinner under the magical Choices Terrace Tree. Delight in a delicious dinner set menu and live entertainment to set the romantic mood, 7-10.30pm. BD15 net per person, BD25 net inclusive of alcoholic beverages. **For bookings, contact fb.art@theart.bh or 16000111.**

Thursdays

UNLIMITED BBQ NIGHTS AT YA HALA ROOFTOP LOUNGE. Savor all things barbequed and grilled to perfection including a wide variety of meat, seafood, chicken and vegetables, in addition to side dishes and desserts while enjoying relaxing sea views every Thursday, 7.30pm-11pm. BD 15 net per person including unlimited BBQ & soft drinks. BD 25 net per person including unlimited BBQ & selected beverages. **Book your table now, call us on: +973 13600111 or email: fnb@ramada-manama-amwaj.com**

Fridays

BUDGET-FRIENDLY BRUNCH AT YA HALA ROOFTOP LOUNGE. Enjoy a buffet brunch featuring a variety of international dishes, carvery counter and live counters. With live entertainment and kids' corner, 12.30pm-3.30pm. BD 11 net with unlimited soft beverages. BD18 net with unlimited selected beverages. **Book your table now, call us on: +973 13600111 or email: fnb@ramada-manama-amwaj.com**

Fridays

ARABIAN NIGHT AT YA HALA ROOFTOP LOUNGE. Embark on a culinary journey, savoring Arabic and Middle Eastern cuisine in a relaxing ambiance overlooking Amwaj sea views, 7.30pm-11pm. BD 12 net per person with soft beverages, BD 18 net per person with selected beverages. **Book your table now, call us on: +973 13600111 or email: fnb@ramada-manama-amwaj.com**

Sundays

ENGLISH NIGHT AT YA HALA ROOFTOP LOUNGE. Enjoy Sunday evenings with roast beef dinner or roast half chicken along with potatoes, vegetables and unlimited selected beverages for 1 hour, 7.30pm-11pm. BD 12 net per person. **Book your table now, call us on: +973 13600111 or email: fnb@ramada-manama-amwaj.com.**



COVID-19 (Coronavirus) Safety Precautions

For the safety of you and your loved ones, please try to practice self-quarantine whenever possible. Should you have any questions, or if you suspect you have symptoms of Coronavirus, please call 444.

The Kingdom of Bahrain have launched the 'Be Aware' app, which aims to

support efforts to contain the Coronavirus (COVID-19) by advancing contact tracing efforts, and raising awareness of active cases within the Kingdom, and maintain accurate figures provided by the Ministry of Health. Please download the app, free of charge, for both iOS and Android from apps.bahrain.bh

AMWAJ NOTICE BOARD

The Amwaj Security and Maintenance team are responsible for the below. For leaks or blockage in a common area, contact Kamel on 3666 6007. Beach and road cleaning, damage on roads or pavements, fallen signboards or flags and garbage bins request, contact Niaz on 3315 6871. For construction site issues contact Roger on 3909 4842. For workers' gate pass, contact

Mohammed on 3943 4809. For pest control issues contact Pest Control on 1781 1233. Traffic accidents can be reported to police on 199, medical emergency, ambulance or fire can be directed to 999, with the assistance of the Amwaj Security team.

SAFETY & SECURITY



Security Solutions W.L.L. company are responsible for all safety and security around the islands. Security Solutions have developed a respectable reputation in the field of security, and the management looks forward to the improvement of security of the common areas around the islands.

**Telephone / Whatsapp:
77996666**



IMPORTANT HOMEOWNERS ANNOUNCEMENT

We are currently in the process of updating our homeowners database. Please send us your email and mobile number where you are most easily reachable so we can ensure you receive all information and updates.

Email us on homeowners@amwaj.bh



KEY

-  Waterside residential
-  Inland residential
-  Residential & Commercial
-  Hotel
-  Commercial
-  Educational
-  Amwaj Marina


Amwaj Islands

Central Owners Association


 AMWAJ ISLANDS

Directory



Amwaj Islands' Security

Working Hours: 24 hrs
Tel/Whatsapp: 77 99 6666

Amwaj Islands Main Office

Working hours: 8am – 5pm,
Sunday - Thursday
Location: Meritas House
T 16 033 100
E info@amwaj.bh
W www.amwaj.bh

Tala Island Security

T 16 060 033

Nuetel Communications

Working Hours: 8am – 5pm,
Sunday - Thursday, 8am - 2pm on
Saturdays
T 16 033 000

International School of Choueifat

T 16 033 333

Amwaj Marina

T 16 011 160

Bahrain International Airport

T 17 339 339

Amwaj Hotels

ART Rotana

T 16 000 111

Gulf Suites Hotel

T 16 030 001

Ramada Hotel and Suites by Wyndham Amwaj Islands

T 13 600 111

The Dragon Beach Hotel & Resort

T 16 031 111

The Grove Hotel

T 16 030 303

The Grove Resort

T 16 000 022

The Sea Loft Boutique Chalets

T 16 033 833

Amwaj Outlets

Alforsa Real Estate, Reef Tower, Amwaj Waves

T 38 821 400

Al Osra Supermarket

T 16 033 773
Working Hours
Everyday 7am - 11pm

Balance Fitness & Dance Studio

M 34 688 880

Bavaria Motors

T 16 010 737

Bennigan's

T 16 030 104 / 05

Black & White Laundry

T 17 532 268
M 36 308 889

Carlton Real Estate, Zawia 3

T 16 006 000

Life Element Inc. Psychology Clinic

T 16 030 527

Guinness Smokehouse and Lounge

M 33 180 001

Jet Pet Global

Pet Relocation & Transport
M 37 106 986

Lantern's Restaurant

T 77 770 055

La Blanche Salon, Amwaj Waves

T 16 006 060

Maya Beach Resort & Fitness, Meena 7

T 16 030 070
Working Hours: 6.30am - 10pm
Saturday - Thursday, 8am - 10pm
on Fridays

My Cuddle Buddy

Pet sitting & Dog Walking
M 36 464 586

Park & Shop Supermarket, Zawia 2

T 77 115 121

Pet Arabia

T 16 010 501

ScubaLife

T 17 003 636
M 66 753 636

Sea Star Marine

T 16 034 487
M 37775711

Smart Boating Center

T 17 003 838

Solymer Beach

T 17 221 166
M 35 094 777

Speed Rent a Car

T 16 010 131

Universal Music

T 16 010 491

Yara Beauty Lounge, Zawia 1

T 16 010 999

24-Hours Supermarket, NOC

T 16 034 498

Emergency Numbers

Emergency line

T 999

Al Hidd Police Station

T 17 671 212

Samaheej Police Station

T 17 334 401

Coast Guard

T 17 700 000

Traffic Police

T 199

Nearest Hospitals to Amwaj

American Mission Hospital, Amwaj Medical & Wellness Center

T 17 248 100

Bahrain Specialist Hospital

T 17 812 000

Al Hilal Hospital

T 17 344 199

King Hamad Hospital

T 17 351 450

Closest Pet Services to Amwaj

Dr Mohammed Hussain

T 17 292 125

Fur and Feathers Pet Sitting, Transfer and Relocation

M 36 464 586
E contact@jetpetglobal.com

House Veterinary Center

T 17 200 075
M 33 994 709
(Emergency) 33 094 999

Pet Land

T 13 107 474
M 33 311 122

Closest Pharmacies to Amwaj

Al Quds Pharmacy

T 17 470 080

Ibn Sina Pharmacy

T 17 677 207

Nasser Pharmacy

T 16 010 505

Taxi Services

Arabian Taxi

T 17 461 746

Bahrain Limo

T 17 266 266

Bahrain Taxi

T 17 682 999

Travel Services

Aradous Travel and Tour

T 17 234 417

Customised Services

M 38 816 065
stefan@customisedservicespc.com

Car Washing Services

Ecowash

T 17 490 565

MASY

T 17 822 404

Closest Removal & Storage to Amwaj

Takhzeen Self Storage

M 69 990 999
M 39 767 977

IT Home Services

TechnoServ

M 39 609 876

Cargo Services

Baz Cargo Services

T 17 771 132

Gulf Agency Co. Bahrain W.L.L. (GAC)

T 17 339 777

Closest Post Office to Amwaj

Al Hidd Post Office

T 17 673 157
Working Hours: 7am - 2pm
Saturday to Thursday

Shopping Malls

Aali Mall

T 17 581 000

Bahrain City Center

T 17 179 779

Moda Mall

T 17 533 140

Seef Mall Muharraq

T 77 911 116

The Avenues Bahrain

T 17 151 060