

AMWAJ ISSUE 134
DECEMBER 2021

islander



Letter from the Editor

Dear Islanders,

It has been a rollercoaster of a year, but we are at the end of 2021!

We are starting off the December issue with an exciting new venture known as, The Amwaj 5am Club. If you are intrigued, we have all the details inside this issue on page 2.

The ART Hotel & Resort welcomed the festive season with their annual Christmas tree lighting ceremony for the media, and will be open to the public starting today! We also have a packed calendar this month starting with merry celebrations all the way to ringing in the new year.

We would also like to wish everyone a very happy

Bahraini National Day, we would love to receive pictures of all your celebrations so make sure to tag us on Instagram!

On a final note, we would like to remind our dear residents to follow the AIA Instagram page - @amwajassociation and the Amwaj Islands Instagram @amwaj_islands for up-to-date information as it becomes available.

Season's greetings to all and a happy New Year.

Sincerely,

The Amwaj Team

WANT TO BE FEATURED IN
OUR MEET YOUR
NEIGHBORS
SECTION?

EMAIL
NEWSLETTER@AMWAJ.BH

Follow us on social media
for up-to-date news, updates
and special offers around
the Islands.



@Amwaj Islands



@Amwaj_Islands



@AmwajIslands



@Amwajassociation



The Amwaj 5am Club

"Win the Morning, Win the Day."

Do you feel like there is never enough time in the day to get things done? Self-care and health are always on the backburner? You have a total lack of energy and inability to complete the day, and struggle on a daily basis?

The Amwaj 5am Club aims to help you with all of this and more by helping you gain clarity and focus by winning the morning; consistently starting your day with an uplifting fitness and wellness routine and reevaluating your time to prioritize optimising your health and wellness.

So how can you start? If you are interested in all the above, the Amwaj 5am Club meets



on Mondays at 5am at The Lagoon entrance roundabout (by the camel statue). These Monday morning meets aim to provide a community based on support, health and wellness so come

prepared for exercise and movement coupled with meaningful conversations. Wear comfortable clothing and bring a bottle of water, you are welcome to bring your bike but it is not mandatory.



The club is led by 'K', an international trainer who built a career in France, the UK and the Middle East by developing a coaching system based on unlocking previously unhealthy movements and/or wellness behaviors to optimize the body capacity. Based on experience, "the system delivers unparalleled outcomes in terms of fitness and ultimately one's quality of life; both mentally and physically," says K.

For more information, follow the club on Instagram @5am.club.amwaj.bh. You can also Whatsapp K on +973 3559 5847 or email k@iamcoachkman.com

The ART Hotel & Resort

Festive Season

The ART Hotel & Resort kicked off their festive season with a media day event. The prestigious hotel showcased their merry celebrations with their seasonal menu, and events planned for the rest of 2021.



December 2021

1

TRUE CHEERS AT CHOICES. Gather around the tree at Choices Terrace and enjoy the magical moment of the tree lighting up. The annual tree lighting ceremony at The Art Hotel & Resort truly captures the essence of the holidays. A visit from Santa along with the Christmas Carols and Ballerina Show will make it one of the most special festive traditions! Before the official tree lighting, enjoy the festive drink specials, or warm up with complimentary hot chocolate and candy canes, 5-7pm. **For bookings & more information, please contact +973 16000111 or 34389042.**

24

CHRISTMAS EVE AT CHOICES. This Christmas Eve, unite with family and friends over a lavish spread of traditional delicacies and live music entertainment at Choices Restaurant, 7-10.30pm. Pricing: BD20 net per person, BD26 net inclusive of selected beverages. **For bookings & more information, please contact +973 16000111 or 34389042.**

24

CHRISTMAS EVE AT YA HALA ROOFTOP LOUNGE. Enjoy your Christmas with a special set menu, call 1603 0001 for bookings or more details.

24

CHRISTMAS BRUNCH AT CHOICES. Tuck into a Christmas feast unlike any other at Choices Restaurant & Terrace, with stunning views of the garden and live music entertainment. You can also enjoy a delicious Christmas buffet with an extensive menu; and indulge in festive specialties such as stuffed turkey, turkey gravy, Christmas pudding and much more! Bring the kids along for fun Christmas-themed activities and a surprise visit from Santa, 12.30-5pm. Pricing: BD38 net per person, BD48 net inclusive of selected beverages. **For bookings & more information, please contact +973 16000111 or 34389042.**

25

CHRISTMAS AT GULF SUITES HOTEL. Enjoy your Christmas with a special set menu, call 16030001 for bookings or more details.

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NEW YEAR'S EVE AT YA HALA ROOFTOP LOUNGE. Ring in the New Year and celebrate new beginnings with your loved ones. Join us for a fantastic celebration including an unlimited lavish international dinner buffet and free-flowing selected beverages, 7.30pm-12 midnight. Early Bird Offer: Reserve and pay in advance for your table before 24th of December, 2021 to get 20% discount. BD 39 net per person including unlimited dinner buffet & bubbly. Children (6-11 years old) BD 19 net, children below 5 years old free of charge. **Book your table now, call us on +973 13600111 or email fnb@ramada-manama-amwaj.com**

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NEW YEAR'S EVE AT GULF SUITES HOTEL. Your party, our venue. Choose your venue, and we'll do the rest, including a buffet dinner customized by you. **Call 16030001 for bookings or more details.**

**Thursdays
& Fridays**

UNLIMITED BBQ WEEKENDS AT YA HALA ROOFTOP LOUNGE. Savor all things barbequed and grilled to perfection including a wide variety of meat, seafood, chicken, and vegetables, in addition to side dishes and desserts while enjoying relaxing seaviews, 7:30-11:00pm. BD 14 net per person including unlimited BBQ & soft drinks, BD 24 net per person including unlimited BBQ & selected Beverages. **Book your table now, call us on +973 13600111 or email fnb@ramada-manama-amwaj.com.**

Wednesdays

SURF & TURF AT YA HALA ROOFTOP LOUNGE. Be prepared to satisfy all your cravings at Ya Hala Rooftop Lounge. Savor a wide selection of fresh seafood, steak, chicken grilled to perfection and guaranteed to satisfy both meat and seafood lovers, 7:30-11:00pm. Price starts at BD 14 net per person inclusive of soft beverages. **Book your table now, call us on +973 13600111 or email fnb@ramada-manama-amwaj.com**

FOR ALL AMWAJ RESIDENTS



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DY
DOO**

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Post-Pandemic

What does the property market look like now?

by Anastasia Ageeva, Managing Director, RmR Real Estate



The former contentment of living in a typical serviced apartment, near the office and amenities, has suffered a decline amongst renters and prospective homeowners alike as the pandemic has brought about a major shift in our concept of 'home sweet home'. The global effects of COVID-19 have forced us

to adapt to a new normal, and our habitual behaviors have evolved to embrace new lifestyle opportunities.

I have personally witnessed a dramatic lifestyle change take place with so many of my existing and new corporate clients. Since the first lockdowns in Bahrain and the closing of gyms, swimming pools, restaurants and bars, Amwaj Islands saw a dramatic increase of people participating in sporting activities. We saw the determination of the people to continue with their personal fitness routines by walking, jogging, cycling as well as the occasional micro-outdoor gym, with 2-3 individuals training together with free weights.

Demand for access to beaches became extremely popular with people craving nature, seaviews, swimming and walks along the shoreline, in other words, comfort. Spending more time at home and working remotely have resulted in individuals searching for improved living options, with extra rooms to be utilized as an office or indoor gym.

We started seeing a high demand for beachfront properties such as Amwaj Islands, Dilmunia Island, Marassi Al Bahrain and Durrat Al Bahrain, boosted by the psychological effects of the pandemic.

I recall my friends, who own a water sports business, telling me that their entire stock of kayaks were sold out within 3 months. This phenomenal demand for sports equipment has also outstripped supply with people buying bicycles literally through window shopping, as the stores shut down.

Individual villas on the beach, with and without a swimming pool, have been in high demand in both rental and sales markets. Our bespoke portfolio of waterfront properties, ranging from BHD250k to BHD650k, previously subject to a static market for the

past 3-4 years, was sold out in the period 2020 to 2021. The constant demand for these specific waterfront properties, either for sale or to rent, continues to remain strong and with the shortage in supply, market prices have escalated.

Several villa compounds for rent in Amwaj Islands, have seen full occupancy in the last 6 months, with waiting lists growing as prospective clients are willing to take over immediately once the current occupants serve their final notice. The current market situation is unparalleled with nothing I've seen during the 14 years I have been working with properties on Amwaj Islands. Moreover, quite a few Bahraini and expat investors and landlords have taken their investments off the market, with an idea to reside in them permanently or utilizing them as weekend retreats, which consequently further constricts the property supply market.

The current market of Amwaj Islands can be characterized as strong and remarkably resilient to the overall economic environment, compared to the years leading up to the pandemic era. The key to this resilience and potential future growth; is the renewed passion for our homes, a shift in lifestyle towards accessible waterfront environments, tranquil locations and increased demand for more space; all of which is catered for by the Amwaj property market.

As we emerge out of the pandemic, I see our homes have largely become the hub of our universe with a deep shift in our consciousness and a change in what makes our lives fuller. It's a change which has created an opportunity to redefine ourselves and one that is most likely to last.



COVID-19 (Coronavirus) Safety Precautions

For the safety of you and your loved ones, please try to practice self-quarantine whenever possible. Should you have any questions, or if you suspect you have symptoms of Coronavirus, please call 444.

The Kingdom of Bahrain have launched the 'Be Aware' app, which aims to

support efforts to contain the Coronavirus (COVID-19) by advancing contact tracing efforts, and raising awareness of active cases within the Kingdom, and maintain accurate figures provided by the Ministry of Health. Please download the app, free of charge, for both iOS and Android from apps.bahrain.bh

AMWAJ NOTICE BOARD

The Amwaj Security and Maintenance team are responsible for the below. For leaks or blockage in a common area, contact Kamel on 3666 6007. Beach and road cleaning, damage on roads or pavements, fallen signboards or flags and garbage bins request, contact Niaz on 3315 6871. For construction site issues contact Roger on 3909 4842. For workers' gate pass, contact

Mohammed on 3943 4809. For pest control issues contact Pest Control on 1781 1233. Traffic accidents can be reported to police on 199, medical emergency, ambulance or fire can be directed to 999, with the assistance of the Amwaj Security team.

SAFETY & SECURITY



Security Solutions W.L.L. company are responsible for all safety and security around the islands. Security Solutions have developed a respectable reputation in the field of security, and the management looks forward to the improvement of security of the common areas around the islands.

**Telephone / Whatsapp:
77996666**



IMPORTANT HOMEOWNERS ANNOUNCEMENT

We are currently in the process of updating our homeowners database. Please send us your email and mobile number where you are most easily reachable so we can ensure you receive all information and updates.

Email us on homeowners@amwaj.bh



Amwaj Islands

Central Owners Association



KEY

- Waterside residential
- Inland residential
- Residential & Commercial
- Hotel
- Commercial
- Educational
- Amwaj Marina

Directory



Amwaj Islands' Security
Working Hours: 24 hrs
Tel/Whatsapp: 77 99 6666

Amwaj Islands Main Office
Working hours: 8am – 5pm,
Sunday - Thursday
Location: Meritas House
T 16 033 100
E info@amwaj.bh
W www.amwaj.bh

Tala Island Security
T 16 060 033

Nuetel Communications
Working Hours: 8am – 5pm,
Sunday - Thursday, 8am - 2pm on
Saturdays
T 16 033 000

International School of Choueifat
T 16 033 333

Amwaj Marina
T 16 011 160

Bahrain International Airport
T 17 339 339

Amwaj Hotels

ART Rotana
T 16 000 111

Gulf Suites Hotel
T 16 030 001

**Ramada Hotel and Suites by
Wyndham Amwaj Islands**
T 13 600 111

The Dragon Beach Hotel & Resort
T 16 031 111

The Grove Hotel
T 16 030 303

The Grove Resort
T 16 000 022

The Sea Loft Boutique Chalets
T 16 033 833

Amwaj Outlets

**Alforsa Real Estate, Reef Tower,
Amwaj Waves**
T 38 821 400

Al Osra Supermarket
T 16 033 773
Working Hours
Everyday 7am - 11pm

Balance Fitness & Dance Studio
M 34 688 880

Bavaria Motors
T 16 010 737

Bennigan's
T 16 030 104 / 05

Black & White Laundry
T 17 532 268
M 36 308 889

Carlton Real Estate, Zawia 3
T 16 006 000

Life Element Inc. Psychology Clinic
T 16 030 527

Guinness Smokehouse and Lounge
M 33 180 001

Jet Pet Global
Pet Relocation & Transport
M 37 106 986

Lantern's Restaurant
T 77 770 055

La Blanche Salon, Amwaj Waves
T 16 006 060

**Maya Beach Resort & Fitness,
Meena 7**
T 16 030 070
Working Hours: 6.30am - 10pm
Saturday - Thursday, 8am - 10pm
on Fridays

My Cuddle Buddy
Pet sitting & Dog Walking
M 36 464 586

Park & Shop Supermarket, Zawia 2
T 77 115 121

Pet Arabia
T 16 010 501

ScubaLife
T 17 003 636
M 66 753 636

Sea Star Marine
T 16 034 487
M 37775711

Smart Boating Center
T 17 003 838

Solyar Beach
T 17 221 166
M 35 094 777

Speed Rent a Car
T 16 010 131

Universal Music
T 16 010 491

Yara Beauty Lounge, Zawia 1
T 16 010 999

24-Hours Supermarket, NOC
T 16 034 498

Emergency Numbers

Emergency line
T 999

Al Hidd Police Station
T 17 671 212

Samaheej Police Station
T 17 334 401

Coast Guard
T 17 700 000

Traffic Police
T 199

Nearest Hospitals to Amwaj

**American Mission Hospital, Amwaj
Medical & Wellness Center**
T 17 248 100

Bahrain Specialist Hospital
T 17 812 000

Al Hilal Hospital
T 17 344 199

King Hamad Hospital
T 17 351 450

Closest Pet Services to Amwaj

Dr Mohammed Hussain
T 17 292 125

**Fur and Feathers Pet Sitting,
Transfer and Relocation**
M 36 464 586
E contact@jetpetglobal.com

House Veterinary Center
T 17 200 075
M 33 994 709
(Emergency) 33 094 999

Pet Land
T 13 107 474
M 33 311 122

Closest Pharmacies to Amwaj

Al Quds Pharmacy
T 17 470 080

Ibn Sina Pharmacy
T 17 677 207

Nasser Pharmacy
T 16 010 505

Taxi Services

Arabian Taxi
T 17 461 746

Bahrain Limo
T 17 266 266

Bahrain Taxi
T 17 682 999

Travel Services

**Aradous Travel and
Tour**
T 17 234 417

Customised Services
M 38 816 065
[stefan@
customisedservicespc.
com](mailto:stefan@customisedservicespc.com)

Car Washing Services

Ecowash
T 17 490 565

MASY
T 17 822 404

Closest Removal & Storage to Amwaj

Takhzeen Self Storage
M 69 990 999
M 39 767 977

IT Home Services

TechnoServ
M 39 609 876

Cargo Services

Baz Cargo Services
T 17 771 132

**Gulf Agency Co. Bahrain W.L.L.
(CAC)**
T 17 339 777

Closest Post Office to Amwaj

Al Hidd Post Office
T 17 673 157
Working Hours: 7am - 2pm
Saturday to Thursday

Shopping Malls

Aali Mall
T 17 581 000

Bahrain City Center
T 17 179 779

Moda Mall
T 17 533 140

Seef Mall Muharraq
T 77 911 116

The Avenues Bahrain
T 17 151 060

HOMEX

Need home maintenance?



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