

AMWAJ islander

ISSUE 133
NOVEMBER 2021



- Introducing The Dancer Coach, *page 2.*
- Ride for a Reason event, *page 3.*
- *Amwaj Security update, page 4.*

Letter from the Editor

Dear Islanders,

Last month, we held a cycling event sponsored by Al Osra Supermarket and LSS in honor of Breast Cancer Awareness Month. Residents, cancer survivors and others joined the event in support of this cause. We've covered all the exciting events of the day inside this issue on page 3.

This month, our focus is on dancing as we interview The Dancer Coach, Anabelle, who is offering classes at Balance located in The Business Park. Find out more details about her

on page 2.

We would like to remind our dear residents to follow the AIA Instagram page - @amwajassociation and the Amwaj Islands Instagram @amwaj_islands for up-to-date information as it becomes available.

Sincerely,

The Amwaj Team

WANT TO BE FEATURED IN
OUR MEET YOUR
NEIGHBORS
SECTION?

EMAIL
NEWSLETTER@AMWAJ.BH

Follow us on social media
for up-to-date news, updates
and special offers around
the Islands.



@Amwaj Islands



@Amwaj_Islands



@AmwajIslands



@Amwajassociation



B A L A N C E

The Dancer Coach



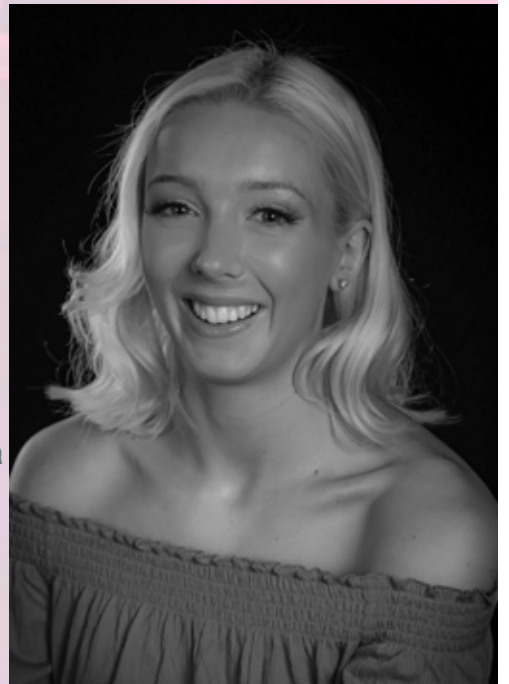
Annabella Sanders is a professional dancer and coach who has performed with The Royal Ballet Company, The English National Ballet Company, danced in The West End and internationally across 62

countries.

Annabella trained at The Royal Ballet School in London and Tring Park School for the Performing Arts gaining a professional Trinity diploma in dance, as well as a diploma in Nutrition and Weight Management.

She has won many awards including the Royal Ballet James Monahan award for the most promising choreographer, The International Cecchetti Competition Scholarship to Melbourne City Ballet and 1st place at the ISTD Ballet Awards.

Bella is delighted to be offering dance and fitness classes at Balance Bahrain, to all levels! Group and private classes available!



**For more information head over to
@thedancercoach or contact +973
35 686252**

November 2021

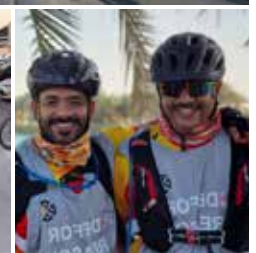
The ART Hotel & Resort

THANKSGIVING BRUNCH. Setting the scene for joyous moments of togetherness, Choices Restaurant & Terrace will transform into a festive celebration of Thanksgiving delights on **Friday, November 26, 12.30-4pm**. Gather with your loved ones and experience a festive afternoon along with live music, entertainment and kids' activities. BD25 net per person, BD33 net inclusive of selected beverages. For bookings & more information, please contact +973 16000111.



Choices Restaurant & Terrace at The Art Hotel & Resort

RIDE FOR A REASON



COVID-19 (Coronavirus) Safety Precautions

For the safety of you and your loved ones, please try to practice self-quarantine whenever possible. Should you have any questions, or if you suspect you have symptoms of Coronavirus, please call 444.

The Kingdom of Bahrain have launched the 'Be Aware' app, which aims to

support efforts to contain the Coronavirus (COVID-19) by advancing contact tracing efforts, and raising awareness of active cases within the Kingdom, and maintain accurate figures provided by the Ministry of Health. Please download the app, free of charge, for both iOS and Android from apps.bahrain.bh

AMWAJ NOTICE BOARD

The Amwaj Security and Maintenance team are responsible for the below. For leaks or blockage in a common area, contact Kamel on 3666 6007. Beach and road cleaning, damage on roads or pavements, fallen signboards or flags and garbage bins request, contact Niaz on 3315 6871. For construction site issues contact Roger on 3909 4842. For workers' gate pass, contact

Mohammed on 3943 4809. For pest control issues contact Pest Control on 1781 1233. Traffic accidents can be reported to police on 199, medical emergency, ambulance or fire can be directed to 999, with the assistance of the Amwaj Security team.

SAFETY & SECURITY



Security Solutions W.L.L. company are responsible for all safety and security around the islands. Security Solutions have developed a respectable reputation in the field of security, and the management looks forward to the improvement of security of the common areas around the islands.

**Telephone / Whatsapp:
77996666**



IMPORTANT HOMEOWNERS ANNOUNCEMENT

We are currently in the process of updating our homeowners database. Please send us your email and mobile number where you are most easily reachable so we can ensure you receive all information and updates.

Email us on homeowners@amwaj.bh



KEY

- Waterside residential
- Inland residential
- Residential & Commercial
- Hotel
- Commercial
- Educational
- Amwaj Marina

Amwaj Islands

Central Owners Association



Directory



Amwaj Islands' Security
Working Hours: 24 hrs
Tel/Whatsapp: 77 99 6666

Amwaj Islands Main Office
Working hours: 8am – 5pm,
Sunday - Thursday
Location: Meritas House
T 16 033 100
E info@amwaj.bh
W www.amwaj.bh

Tala Island Security
T 16 060 033

Nuetel Communications
Working Hours: 8am – 5pm,
Sunday - Thursday, 8am - 2pm on
Saturdays
T 16 033 000

International School of Choueifat
T 16 033 333

Amwaj Marina
T 16 011 160

Bahrain International Airport
T 17 339 339

Amwaj Hotels

ART Rotana
T 16 000 111

Gulf Suites Hotel
T 16 030 001

**Ramada Hotel and Suites by
Wyndham Amwaj Islands**
T 13 600 111

The Dragon Beach Hotel & Resort
T 16 031 111

The Grove Hotel
T 16 030 303

The Grove Resort
T 16 000 022

The Sea Loft Boutique Chalets
T 16 033 833

Amwaj Outlets

**Alforsa Real Estate, Reef Tower,
Amwaj Waves**
T 38 821 400

Al Osra Supermarket
T 16 033 773
Working Hours
Everyday 7am - 11pm

Balance Fitness & Dance Studio
M 34 688 880

Bavaria Motors
T 16 010 737

Bennigan's
T 16 030 104 / 05

Black & White Laundry
T 17 532 268
M 36 308 889

Carlton Real Estate, Zawia 3
T 16 006 000

Life Element Inc. Psychology Clinic
T 16 030 527

Guinness Smokehouse and Lounge
M 33 180 001

Jet Pet Global
Pet Relocation & Transport
M 37 106 986

Lantern's Restaurant
T 77 770 055

La Blanche Salon, Amwaj Waves
T 16 006 060

**Maya Beach Resort & Fitness,
Meena 7**
T 16 030 070
Working Hours: 6.30am - 10pm
Saturday - Thursday, 8am - 10pm
on Fridays

My Cuddle Buddy
Pet sitting & Dog Walking
M 36 464 586

Park & Shop Supermarket, Zawia 2
T 77 115 121

Pet Arabia
T 16 010 501

ScubaLife
T 17 003 636
M 66 753 636

Sea Star Marine
T 16 034 487
M 37775711

Smart Boating Center
T 17 003 838

Solyar Beach
T 17 221 166
M 35 094 777

Speed Rent a Car
T 16 010 131

Universal Music
T 16 010 491

Yara Beauty Lounge, Zawia 1
T 16 010 999

24-Hours Supermarket, NOC
T 16 034 498

Emergency Numbers

Emergency line
T 999

Al Hidd Police Station
T 17 671 212

Samaheej Police Station
T 17 334 401

Coast Guard
T 17 700 000

Traffic Police
T 199

Nearest Hospitals to Amwaj

**American Mission Hospital, Amwaj
Medical & Wellness Center**
T 17 248 100

Bahrain Specialist Hospital
T 17 812 000

Al Hilal Hospital
T 17 344 199

King Hamad Hospital
T 17 351 450

Closest Pet Services to Amwaj

Dr Mohammed Hussain
T 17 292 125

**Fur and Feathers Pet Sitting,
Transfer and Relocation**
M 36 464 586
E contact@jetpetglobal.com

House Veterinary Center
T 17 200 075
M 33 994 709
(Emergency) 33 094 999

Pet Land
T 13 107 474
M 33 311 122

Closest Pharmacies to Amwaj

Al Quds Pharmacy
T 17 470 080

Ibn Sina Pharmacy
T 17 677 207

Nasser Pharmacy
T 16 010 505

Taxi Services

Arabian Taxi
T 17 461 746

Bahrain Limo
T 17 266 266

Bahrain Taxi
T 17 682 999

Travel Services

**Aradous Travel and
Tour**
T 17 234 417

Customised Services
M 38 816 065
[stefan@
customisedservicespc.
com](mailto:stefan@customisedservicespc.com)

Car Washing Services

Ecowash
T 17 490 565

MASY
T 17 822 404

Closest Removal & Storage to Amwaj

Takhzeen Self Storage
M 69 990 999
M 39 767 977

IT Home Services

TechnoServ
M 39 609 876

Cargo Services

Baz Cargo Services
T 17 771 132

**Gulf Agency Co. Bahrain W.L.L.
(CAC)**
T 17 339 777

Closest Post Office to Amwaj

Al Hidd Post Office
T 17 673 157
Working Hours: 7am - 2pm
Saturday to Thursday

Shopping Malls

Aali Mall
T 17 581 000

Bahrain City Center
T 17 179 779

Moda Mall
T 17 533 140

Seef Mall Muharraq
T 77 911 116

The Avenues Bahrain
T 17 151 060

HOMEX

Need home maintenance?



Scan me

**DOWNLOAD
NOW!**