

AMWAJ islander

ISSUE 129
JULY 2021



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Letter from the Editor

Dear Islanders,

Summer's here and school's out!

Many of you are probably planning to return home for the holidays or even take a quick break with a small vacation; whatever your plan is we got you covered this issue. We highlighted a few tips and tricks to travel during a pandemic and stay safe - turn to page 2 for all the details.

On the other hand, this month's offers are for everyone who's staying on the islands. Why not a staycation for a change of scenery without boarding a plane? Turn to page 3 to see what the island has in store for

you!

We have also recently updated the Amwaj Security details for faster and easier contact. If you haven't done so yet, make sure to save it and update our contact details.

We would like to remind our dear residents to follow the AIA Instagram page - @amwajassociation and the Amwaj Islands Instagram @amwaj_islands for up-to-date information as it becomes available.

Sincerely,

The Amwaj Team

Follow us on social media for up to date news, updates and special offers around the islands.

 @Amwajassociation

 Amwaj Islands

 @Amwaj_Islands

 @AmwajIslands

WANT TO BE FEATURED IN
OUR MEET YOUR
NEIGHBORS
SECTION?



EMAIL
NEWSLETTER@AMWAJ.BH



Travel Safety Tips

DURING COVID-19

With the school year over, many of you are either returning home for the summer or going on vacation; either way we want you to be safe and minimize risk to yourself and others. We have put together a list of travel tips to help you stay safe and healthy on the duration of your trip from the start until you reach your destination*.

WASH YOUR HANDS REGULARLY. We're starting off with the old-fashioned hand washing with soap and water for at least 20 seconds (approximately the time it takes to sing 'Happy Birthday' to yourself twice!), and the best defence and caution. If soap and water are not available to clean your hands, use a hand sanitizer which is at least 60% alcohol.

PRACTISE GOOD HYGIENE. Respiratory diseases like COVID-19 spread through droplets of saliva or mucus, usually when people cough or sneeze, then others come in contact with the droplets. Try and avoid touching your own eyes, nose and mouth with unwashed hands, as viruses most frequently enter the body through these routes. Bonus tip: if you plan on wearing gloves make sure to change them frequently as they accumulate viruses and bacteria from touching multiple surfaces.

IF YOU'RE UNWELL, DON'T TRAVEL. COVID-19 appears to have an incubation period of at least 14 days, unlike regular flu which is 2 days. An increasing number of international airports are also conducting temperature checks for arriving, departing and transiting passengers, so there's the chance that you could be denied boarding for having a fever unrelated to COVID-19. Protect yourself, and other travellers, by not flying when you're sick.

COVER UP. Cover your mouth and nose when you cough, sneeze into your elbow and wear a facemask to protect your fellow travellers.

CLEANUP. While many airlines have announced extra plane cleaning and disinfecting to combat infection risk, there is no guarantee that every surface will get the full treatment. To be safe, carry your own

antibacterial wipes to clean your seat armrest, tray table, seat-back pocket, air vent, seat touch screen, headrest and window blind. Clean your hands after traveling on shuttles, taxis, holding handrails and using elevators and other surfaces that are high in contact.

COUNTERACT LOW HUMIDITY. The low humidity in aircraft cabins dries out the mucous membranes of your eyes, nose and mouth, making them less effective in blocking out viruses. For this reason, some frequent flyers swear by nasal sprays to moisturize and clean out the nose. Also drink more water to compensate for the cabin dryness.

STAY UP-TO-DATE WITH TRAVEL ADVICE. The Ministry of Transport and Telecom has recently updated their procedures upon arrival at the Bahrain International Airport. Red list countries are required to test 48 hours prior to arrival, test on arrival and quarantine for 10 days. For non-red list countries, non-vaccinated individuals will need to test 72 hours prior to arrival, test on arrival and quarantine for 10 days. Vaccinated individuals will only need to test on arrival and on day 10 (please visit www.mtt.gov.bh for specific country procedures as well as any changes as they become available). Checking on your destination Covid-19 procedures is also a good idea, so you can be prepared in advance.

TRAVEL INSURANCE. Insurance policies vary greatly, but in recent light many insurance policies can cover quarantine delays and/or cancellations if needed.

**Sourced from www.fcmtravel.com and Ministry of Transport and Telecom Bahrain*



July 2021

The ART Hotel & Resort

Indulge in culinary favourites besides sweeping views of the sea at The Art Hotel & Resort. Purchase your food & beverage voucher booklet for BD50 and receive vouchers worth BD100 to be enjoyed throughout the year. Promotion is valid until 31 August 2021, vouchers are redeemable until 31 December 2021. Other terms and conditions apply, DM @theart.bh on Instagram for more info or call 16000111.

The Gulf Suites Hotel

Enjoy a staycation at The Gulf Suites in Amwaj Islands, 1-4-bedroom apartments available starting from BD35 net per day. Contact The Gulf Suites Hotel on 16030001 for bookings and more information. *Terms and conditions apply.*

SAFETY & SECURITY



Security Solutions W.L.L. company are responsible for all safety and security around the islands. Security Solutions have developed a respectable reputation in the field of security, and the management looks forward to the improvement of security of the common areas around the islands.

Telephone / Whatsapp:
77996666

AMWAJ NOTICE BOARD

The Amwaj Security and Maintenance team are responsible for the below. For leaks or blockage in a common area, contact Kamel on 3666 6007. Beach and road cleaning, damage on roads or pavements, fallen signboards or flags and garbage bins request, contact Niaz on 3315 6871. For construction site issues contact Roger on 3909 4842. For workers' gate pass, contact Mohammed on 3943 4809. For pest control issues contact Pest Control on 1781 1233. Traffic accidents can be reported to police on 199, medical emergency, ambulance or fire can be directed to 999, with the assistance of the Amwaj Security team.

COVID-19 (Coronavirus) Safety Precautions

For the safety of you and your loved ones, please try to practice self-quarantine whenever possible. Should you have any questions, or if you suspect you have symptoms of Coronavirus, please call 444.

The Kingdom of Bahrain have launched the 'Be Aware' app, which aims to

support efforts to contain the Coronavirus (COVID-19) by advancing contact tracing efforts, and raising awareness of active cases within the Kingdom, and maintain accurate figures provided by the Ministry of Health. Please download the app, free of charge, for both iOS and Android from apps.bahrain.bh



KEY

-  Waterside residential
-  Inland residential
-  Residential & Commercial
-  Hotel
-  Commercial
-  Educational
-  Amwaj Marina


Amwaj Islands
 Central Owners Association


 AMWAJ ISLANDS

Directory



Amwaj Islands' Security
Working Hours: 24 hrs
Tel/Whatsapp: 77 99 6666

Amwaj Islands Main Office
Working hours: 8am – 5pm,
Sunday - Thursday
Location: Meritas House
T 16 033 100
E info@amwaj.bh
W www.amwaj.bh

Tala Island Security
T 16 060 033

Nuetel Communications
Working Hours: 8am – 5pm,
Sunday - Thursday, 8am - 2pm on
Saturdays
T 16 033 000

International School of Choueifat
T 16 033 333

Amwaj Marina
T 16 011 160

Bahrain International Airport
T 17 339 339

Amwaj Hotels

ART Rotana
T 16 000 111

Gulf Suites Hotel
T 16 030 001

**Ramada Hotel and Suites by
Wyndham Amwaj Islands**
T 13 600 111

The Dragon Beach Hotel & Resort
T 16 031 111

The Grove Hotel
T 16 030 303

The Grove Resort
T 16 000 022

The Sea Loft Boutique Chalets
T 16 033 833

Amwaj Outlets

**Alforsa Real Estate, Reef Tower,
Amwaj Waves**
T 38 821 400

Al Osra Supermarket
T 16 033 773
Working Hours
Everyday 7am - 11pm

Balance Fitness & Dance Studio
M 34 688 880

Bavaria Motors
T 16 010 737

Bennigan's
T 16 030 104 / 05

Black & White Laundry
T 17 532 268
M 36 308 889

Carlton Real Estate, Zawia 3
T 16 006 000

Life Element Inc. Psychology Clinic
T 16 030 527

Guinness Smokehouse and Lounge
M 33 180 001

Jet Pet Global
Pet Relocation & Transport
M 37 106 986

Lantern's Restaurant
T 77 770 055

La Blanche Salon, Amwaj Waves
T 16 006 060

**Maya Beach Resort & Fitness, Meena
7**
T 16 030 070
Working Hours: 6.30am - 10pm
Saturday - Thursday, 8am - 10pm
on Fridays

My Cuddle Buddy
Pet sitting & Dog Walking
M 36 464 586

Park & Shop Supermarket, Zawia 2
T 77 115 121

Pet Arabia
T 16 010 501

ScubaLife
T 17 003 636
M 66 753 636

Sea Star Marine
T 16 034 487
M 37775711

Smart Boating Center
T 17 003 838

Solymer Beach
T 17 221 166
M 35 094 777

Speed Rent a Car
T 16 010 131

Universal Music
T 16 010 491

Yara Beauty Lounge, Zawia 1
T 16 010 999

24-Hours Supermarket, NOC
T 16 034 498

Emergency Numbers

Emergency line
T 999

Al Hidd Police Station
T 17 671 212

Samaheej Police Station
T 17 334 401

Coast Guard
T 17 700 000

Traffic Police
T 199

Nearest Hospitals to Amwaj

**American Mission Hospital, Amwaj
Medical & Wellness Center**
T 17 248 100

Bahrain Specialist Hospital
T 17 812 000

Al Hilal Hospital
T 17 344 199

King Hamad Hospital
T 17 351 450

Closest Pet Services to Amwaj

Dr Mohammed Hussain
T 17 292 125

**Fur and Feathers Pet Sitting, Transfer
and Relocation**
M 36 464 586
E contact@jetpetglobal.com

House Veterinary Center
T 17 200 075
M 33 994 709
(Emergency) 33 094 999

Pet Land
T 13 107 474
M 33 311 122

Closest Pharmacies to Amwaj

Al Quds Pharmacy
T 17 470 080

Ibn Sina Pharmacy
T 17 677 207

Nasser Pharmacy
T 16 010 505

Taxi Services

Arabian Taxi
T 17 461 746

Bahrain Limo
T 17 266 266

Bahrain Taxi
T 17 682 999

Travel Services

**Aradous Travel and
Tour**
T 17 234 417

Customised Services
M 38 816 065
[stefan@
customisedservicespc.
com](mailto:stefan@customisedservicespc.com)

Car Washing Services

Ecowash
T 17 490 565

MASY
T 17 822 404

Closest Removal & Storage to Amwaj

Takhzeen Self Storage
M 69 990 999
M 39 767 977

IT Home Services

TechnoServ
M 39 609 876

Cargo Services

Baz Cargo Services
T 17 771 132

Gulf Agency Co. Bahrain W.L.L. (GAC)
T 17 339 777

Closest Post Office to Amwaj

Al Hidd Post Office
T 17 673 157
Working Hours: 7am - 2pm
Saturday to Thursday

Shopping Malls

Aali Mall
T 17 581 000

Bahrain City Center
T 17 179 779

Moda Mall
T 17 533 140

Seef Mall Muharraq
T 77 911 116

The Avenues Bahrain
T 17 151 060

HOMEX

Need home maintenance?



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